

# Application National Qigong Association Professional Member Certification

*Qigong is the ability to generate, circulate and balance qi with posture, breath and intention, which encompasses personal practice and clinical treatment.*

Though certification is internal to the NQA as there is presently no national standard, it is supported by the full faith our membership organization.

- New Application
- Upgraded Application

## **SECTION 1 - PERSONAL INFORMATION** (all applicants)

NAME:

MAILING ADDRESS:

CITY:

STATE: ZIP:

EMAIL:

BEST TELEPHONE CONTACT:

BIRTHDATE:

MALE/FEMALE:

Are you presently a Professional Member of the NQA in good standing?

If "no, please explain briefly:

Are you now or have you been a student of a currently certified NQA Level IV Teacher?

If "yes" of whom?

*Note: A student of a level IV teacher has the option of, in lieu of listing course information from that teacher in the application, substituting a strong letter of recommendation from a Level IV NQA Certified Teacher that includes the number of hours of relevant instruction, general description of coursework, and descriptive comments about student ability.*

## **SECTION 2 - PERSONAL PRACTICE** (all applicants)

When did you begin practicing Qigong? (month/year)

What is your present personal practice schedule and of what does your personal practice consist ?

### **SECTION 3 - LEVEL OF CERTIFICATION. (all applicants)**

*Please indicate the certification level for which you are applying. The two tracks available are Qigong Instruction which has four levels, and Clinical Practitioner, which has two categories. A candidate applying for professional certification must be a Professional Member of the National Qigong Association in good standing. Requirements listed below are partial. To see the full list, go to [www.nga.org](http://www.nga.org) and follow the link to "certification."*

#### **Qigong Instruction**

**Level I Qigong Instructor:**

at least 200 hours documented formal Qigong training

**Level II Qigong Instructor:**

at least 350 hours documented formal Qigong training

**Level III Advanced Instructor**

at least 500 hours documented formal Qigong training

at least 5 years Qigong teaching experience

**Level IV Teacher:**

The Highest Certification Level Granted by the National Qigong Association

at least 1000 hours documented formal Qigong training

at least 10 years Qigong experience teaching teachers.

must sit in on an interview with members of the Application Review Committee

#### **Clinical Practitioner**

**Clinical Practitioner:**

at least 500 hours documented formal Qigong training

includes at least 350 didactic hours (see website for description) 200 of which are specific to Qigong

includes at least 100 hours of qigong treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.

at least 2 years clinical experience

must carry a current liability insurance policy

**Advanced Clinical Practitioner:**

at least 1500 hours documented formal Qigong training includes at least 500 didactic hours (see website for description) 350 of which are specific to Qigong

includes at least 1000 hours treatment which may include contact and non-contact qi emission, adjunct massage manipulations, and teaching of prescriptive exercises or any combination thereof.

at least 10 years clinical experience

must carry a current liability insurance policy

#### **For all Levels:**

A maximum of 1% of the hours required for each level of certification can be credited for DVD and book study as a way of acknowledging that work. So Level I (200 hours) can have a maximum of 2 hours credit, whereas Level IV (1000 hours) can have a maximum of 10 hours credit.

Correspondence courses where there is no real time interaction between teacher and student would fall under the rules given above.



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**SECTION 8 – TEACHING/WRITING EXPERIENCE (all applicants)**

*Make copies of this page before completing if additional space is needed.*

When did you begin teaching, or writing about, Qigong and related subjects?

Please identify any programs you have taught at NQA conferences:

| Course/Subject | Hours | Conference Year/Location |
|----------------|-------|--------------------------|
|                |       |                          |
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What is your present teaching schedule?

| Course/Subject | Duration/<br>Frequency | #<br>students | Organization/Location |
|----------------|------------------------|---------------|-----------------------|
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Tell us more about your teaching/writing experience:

## **SECTION 9 – REFERENCES**

Required for all Levels of Certification

### **A. Reference from Qigong Teacher**

What is your reference's name?

Mailing Address

City State Zip Country

Email Tel.

Fax

Briefly describe your reference's background as it relates to your Qigong studies:

How long has this reference known you?

How long have you studied with this reference?

What subjects, and with what duration/frequency, have you studied with this reference?

### **B. Professional Reference from Supervisor, Peer, Student or Client**

What is your reference's name?

Mailing Address

City State Zip Country

Email Tel.

Fax

How is this reference familiar with you?

How long has this reference known you?

### **C. Reference to Personal Character**

What is your reference's name?

Mailing Address

City State Zip Country

Email Tel.

Fax

How is this reference familiar with you?

How long has this reference known you?

Do we have your consent to contact each of these references?

**Please arrange for letters of reference to be sent directly to the NQA office**

**SECTION 10** (all applicants)

Have you ever been convicted of a crime?

If "yes", please explain briefly:

Have you ever been denied a professional license/certification or had one revoked?

If "yes", please explain briefly:

\_\_\_\_By checking here, I am giving the NQA my express permission to publish/link my contact information into its website, membership directory, newsletter and any other media providing its members and the general public information about Qigong.

I have completed this Application for NQA Certification, and attest within the best of my ability and knowledge that the information I have provided is true and accurate. I hereby provide the Application Review Committee ("ARC") my express consent to investigate any of the information contained in this Application within the scope of its review process of my Application and within the exclusive intent of the ARC's consideration of my Application for approval. I understand that my Application for Certification may be approved or denied for discretionary reasons not limited to lapse of Professional Membership in good standing, falsification of information contained in this Application or participation in acts or behavior contrary to the ethical standards of the NQA. I also understand that if my Application is approved, I will be granted a period of two (2) years of Certification in a Level appropriate for the qualifications presented in this Application and that documentation supporting my qualifications will be required along with my completion of an application for renewal or promotion of certification and a fee for renewal upon expiration of the initial two-year Certification Term, in order for my NQA Certification to continue. The NQA reserves the right to revoke Certification at its discretion at any time for reasons not limited to lapse of Professional Membership in good standing, falsification of information contained in this Application or participation in acts or behavior contrary to the ethical standards of the NQA.

\_\_\_\_\_  
(signature)

\_\_\_\_\_  
(date signed)

\_\_\_\_My application fee (\$150.00 for all but Level IV Teacher which is \$250; upgraded application is accompanied with \$100 payment except for an upgrade to Level IV which is \$150) is enclosed with this Application for NQA Certification. Payment is made by (check one):

\_\_\_\_ Check

\_\_\_\_ Credit/Debit Card (check one):

\_\_\_\_ Visa \_\_\_\_ Mastercard \_\_\_\_ American Express \_\_\_\_ Discover

Account No. \_\_\_\_\_

Exp. Date \_\_\_\_\_

PIN \_\_\_\_\_ Name on Account \_\_\_\_\_

**Please Mail Your Application for NQA Certification to:  
The National Qigong Association  
Attn: Certification Application Review Committee  
PO Box 270065  
St. Paul, MN 55127**